

## March Food of the Month

The F-V Emergency Food Pantry has requested that our church collect the following food donations: **March: Canned meats & canned or dry milk.** Other types of food items are appreciated as well. A collection container is in the church lobby.



## Healing Service

On Sunday, March 29 at 5:00pm in the Chapel, we will hold a healing service for those who would like prayers for themselves or others. The service will include anointing with oil and concludes with Holy Communion.

## Movie Night For Couples

On Friday, March 13 from 6:30-9:00pm the F-V United Methodist Men will host the viewing of the movie "FIRE-PROOF." "FIREPROOF is the third feature film from Sherwood Pictures, the creators of FACING THE GIANTS and FLYWHEEL. Since "FIREPROOF" opened in theaters nationwide in Sept 2008, it has touched the hearts and impacted the marriages of millions of moviegoers. Free childcare will be provided from 6:30-9pm by loving Safe Sanctuary trained staff. Come join us to watch the #1 inspirational movie of the year and say "I DO" all over again!



## The Love Dare Bible Study

This eight-week study is designed to help your marriage lead through the Love Dare challenge. Come watch the FIREPROOF movie on Friday, March 13, and then join this study on Tuesday nights starting March 24. Childcare will be provided.

The study reinforces the week's Love Dare teachings with added biblical insight, commentary, and provocative questions that spark lively and helpful group discussions.

Session themes cover issues such as honoring your spouse, forgiveness, building marriage on prayer and God's word, unconditional love, and more. Contact Lennie and Danielle Furlough (919)567-0865 / Lfurloughjr@nc.rr.com to sign up today or to get more information

## March Events for Prime Timers

The Prime Timers are inviting everyone to join us for a meeting at 10:00am at F-V UMC on March 17 to hear our own Debra Murphy with a video on "Gender, Power, Scandal, and Scripture: Women in the Bible." Then we will go to Cooley's for a "St. Patty's Day" lunch.

Also plan on coming with us Tuesday, March 31 for a Garden Tour and a talk on Herb & Container Gardens at the Fairview Greenhouse & Garden. A box lunch will be available for \$8 with a choice of sandwiches. The bus leaves church at 10:30am for the tour and catered lunch at the garden.

We need reservations for the Cooley's lunch and the Garden Tour and box lunch. Please contact Joan Kuhn at 557-3768 or the church office to reserve a spot for these fun and interesting events.



Future events include a trip to see "The Hallelujah Girls" performed by the Garner Towne Players on April 25; going to the NC Symphony for a Friday afternoon to hear an informal, interesting concert of Vivaldi's Four Seasons on May 8; and a meeting at F-V UMC on May 19 with an insightful talk on "Player and Faith" followed by lunch at Bullfeathers.



## Youth News

## Spring Retreat - May 1-3

This retreat is open to all youth - 6th - 12th grade. Welcome confirmands! We are traveling to Awanita Valley Christian Retreat Center, in Marietta, South Carolina ([www.awanita.org](http://www.awanita.org)). The retreat includes five different worship sessions - all united under one theme. We will play in a mud pit, take a hummer ride through the mountains, have a chance to ride a horse, go down a super fun zip line into the water or go on a huge waterslide.

The cost for this retreat is \$135 for the weekend, and some additional money will be needed for traveling meals. In order to register for this event, a \$25 deposit must be turned in by March 29. Partial scholarships are available for those who need assistance; please don't

hesitate to ask. For more information, contact Kristy Hochhalter at [youth@fvumc.org](mailto:youth@fvumc.org).



## Palm Saturday - April 4

We need LOTS of help to make this day a success! If you would like to help with Palm Saturday please contact Stephanie Weeks at 552-4331 Ext. 113 or [sweeks@fvumc.org](mailto:sweeks@fvumc.org). Registration will begin at 8:45 and the rotations will begin at 9:00. Children ages 3 & 4 will learn the joys of spring while children K-5th will experience Jesus' journey to the cross. An Easter egg hunt concludes our morning of fun. Our hungry bunny is the lobby; please feed the bunny with plastic eggs and individually wrapped candy.



## Recycling Opportunity

The EcoJustice Ministry Team thanks everyone who is using the new, blue recycling containers in the rooms on the adult wing of the church. Place your discarded paper, plastic and aluminum cans in these bins, and the materials will be collected weekly by a member of the recycling team. No sorting required! Detailed information is posted in each room. To learn more about this ministry, send an email to [EcoJusticeFVUMC@gmail.com](mailto:EcoJusticeFVUMC@gmail.com).



## March Book Club

*The Ethics of What We Eat* By Peter Singer and Jim Mason

The authors examine three families' grocery-buying habits and the motivations behind those choices. One woman says she's "absorbed in my life and my family...and I don't think very much about the welfare of the meat I'm eating," while a wealthier husband and wife mull the virtues of "triple certified" coffee, buying local and avoiding chocolate harvested by child slave labor, though "no one seems to be pondering that as they eat."

In investigating food production conditions, the authors' first-hand experiences alternate between horror and comedy, from slaughterhouses to artificial turkey-insemination ("the hardest, fastest, dirtiest, most disgusting, worst-paid work").

This sometimes-graphic exposé is not myopic: profitability and animal welfare are given equal consideration, though the reader finishes the book agreeing with the authors' conclusion that "America's food industry seeks to keep Americans in the dark about the ethical components of their food choices."

A no-holds-barred treatise on ethical consumption, this is an important read for those concerned with the long, frightening trip between farm and plate. Join us on Friday, March 20 for dinner and discussion. Questions? Contact Debra Murphy at 552-4331 or [dmurphy@fvumc.org](mailto:dmurphy@fvumc.org)

## Building Relationships with our Latino Sisters and Brothers

With the support of a grant from the Valparaiso Project we are offering *Introductory Spanish as a Second Language (SSL) Classes* to persons interested in forming friendships and strengthening existing relationships with our Latino friends.

A Wednesday morning class (9:30 am – 12 noon) will be offered for 12 weeks beginning March 18. A 10-week Sunday afternoon class (3 pm – 6 pm) will begin on March 15 (next Sunday!). There will be a nominal registration fee and participants will purchase their own textbook.

The instructor for the classes is Gabriela Rueda, a native of Mexico City and a Spanish teacher for the Continuing Education services of Wake Tech.

Along with the SSL classes we will host two events at Covenant Community Garden. These celebrations of food and fellowship will be further opportunities to build a bridge of understanding between our two communities.

We know that we won't be fluent in Spanish after a few weeks of study. We know that the garden events will not bring understanding and reconciliation overnight. But we trust that as we are faithful to the promptings of the Spirit—tending to this work with a gardener's patience, determination, and hope—that these efforts will bear fruit, creating the conditions for further collaboration in ministry and mission in Christ's name.

If you are interested in the classes, contact Debra Murphy ASAP by phone 552-4331, ext. 106 or email at [dmurphy@fvumc.org](mailto:dmurphy@fvumc.org).

## Seeds of Faith Preschool's Spaghetti/Hot Dog Dinner

Join us for dinner on March 20 from 5:30 to 7:30pm. Proceeds benefit the classrooms, playground, and Covenant Community Garden's picnic shelter project. Please join us for a night of food, fun and fellowship! Tickets are \$4 for a Hot Dog Dinner (includes chips, drink & dessert) and \$6 for Spaghetti Dinner (includes bread, salad, drink & dessert). Tickets are available through the Preschool office and in the lobby on Sundays, March 8 & 15.

New this year, win specialized gift baskets put together by our preschool classes and friends! One free ticket will be given for each meal purchased. Additional tickets will be available by donation.



## Fuquay-Varina Is 100!

Did you hear the bells? On Friday, F-V UMC participated in the 100 Bell Tolling celebration along with other local churches to mark Fuquay's 100th year birthday.

The churches that participated did so in order of their founding years. Piney Grove Baptist Church, Wake Chapel Christian Church, First UMC, F-V UMC, F-V Presbyterian and St. Bernadette Catholic Church.



## Come Grow With Us!

Covenant Community Garden is beginning its third growing season. Come grow with us - no experience is necessary! Garden membership is open to all people from the Fuquay-Varina community. Supporting memberships are also available for those who are not able to work in the garden but want to help us grow food to share with the community. Both types of membership are \$10.

Work days will be Mondays from 9-11am, Wednesdays from 4:30-6pm (spring/fall) or 6:30-8pm (summer), and Saturdays from 9am-Noon. Visit our table in the lobby or contact Chris Burtner at 414-3273 or [covenantcommunitygarden@mindspring.com](mailto:covenantcommunitygarden@mindspring.com).



## Recycle Your Inkjet Cartridges

The Church Office is collecting empty inkjet cartridges for recycling. We receive up to \$4 for each cartridge recycled. Place used inkjet cartridges in the collection bin located outside the church office. In addition to raising money for F-V UMC missions and church office, recycling inkjet cartridges has a positive impact on the environment.



# Fuquay-Varina UMC Weekly Times

March 8, 2009

## Our Discipleship: Part II



We are well on our journey to evaluating our discipleship strengths and areas for focus. The Catalyst Team would like to thank you for participating in the first survey which focused on our Personal Discipleship Development. The next survey is available TODAY! This survey will

focus on the Church as an Effective Developer of Disciples of Jesus Christ. Again your feedback is critical! We continue to ask for your prayers and participation so that our church can continue to grow and make disciples who make disciples who make disciples of Jesus Christ.

## Do You Want to Transform Your Life?

Come to a STUDY ON PRAYER here at FVUMC on Friday and Saturday, March 27 & 28. This is based on a 4-session study of a book by Steve Harper. He has written several books on Prayer. The study will engage you in Life-transforming practices for your prayer life. The cost is \$10 to cover book and meal expenses. Please register no later than Sunday, March 22.



Friday, join us from 6-8:45pm for supper and Session 1: Living from the Heart.

Saturday, we'll gather from 9:00am-2:30pm. The day includes:

Sessions 2: Read and Pray Daily

Session 3: Get Connected

Lunch

Session 4: Go On!

Closing Communion service