

## Palm Saturday - April 4

We need LOTS of help to make this day a success! If you would like to help with Palm Saturday please contact Stephanie Weeks at 552-4331 Ext. 113 or [sweeks@fvumc.org](mailto:sweeks@fvumc.org). Registration will begin at 8:45 and the rotations will begin at 9:00. Children ages 3 & 4 will learn the joys of spring while children K-5th will experience Jesus' journey to the cross. An Easter egg hunt concludes our morning of fun. Our hungry bunny is the lobby; please feed the bunny with plastic eggs and individually wrapped candy.



## Free Ask-a-Lawyer Day

The North Carolina Bar Association Foundation is hosting "Ask-a-Lawyer Day" through its "4ALL Statewide Service Day" on Friday, March 6, from 7 a.m. until 7 p.m. As a service to the public, on that day, anyone in North Carolina can call and talk with a North Carolina lawyer for FREE! Lawyers will take calls from five calls centers around the state. This one-day event may be especially helpful to those experiencing financial crisis, but is open to all regardless of economic status. The number for the Raleigh/Triangle Area is 800-424-9725.

## Resume and Interviewing Workshop

Join us for a free resume and interview preparation session on Saturday, March 7 in room 117-119, from 9-10:30am. This session will be led by Stuart Keeter, Vice President and Senior Partner at Alliance International, a Military Recruiting firm in Raleigh. Stuart will address the topics of resume writing, tips on marketing yourself in the workplace, and interview preparation. Attendees will leave the workshop with a packet of information, including tips for finding a new job in today's marketplace.

Register by March 6 by calling Stuart at 552-0309 to assure that adequate space is available.

## Movie Night For Couples

On Friday, March 13 from 6:30-9:00pm the F-V United Methodist Men will host the viewing of the movie "FIREPROOF." "FIREPROOF" is the third feature film from Sherwood Pictures, the creators of FACING THE GIANTS and FLYWHEEL. Since "FIREPROOF" opened in theaters nationwide in Sept 2008, it has touched the hearts and impacted the marriages of millions of moviegoers. Free childcare will be provided from 6:30-9pm by loving Safe Sanctuary trained staff. Come join us to watch the #1 inspirational movie of the year and say "I DO" all over again!



## Our Discipleship: Part II

We are well on our journey to evaluating our discipleship strengths and areas for focus. The Catalyst Team would like to thank you for participating in the first survey which focused on our Personal Discipleship Development. The next survey will be in the March 8th church bulletin. This survey will focus on the Church as an Effective Developer of Disciples of Jesus Christ. Again your feedback is critical! We continue to ask for your prayers and participation so that our church can continue to grow and make disciples who make disciples who make disciples of Jesus Christ.

## Men's Prayer Team - Join Us *This Tuesday!*

On the first Tuesday of the month, the Men's Prayer team meets in the Prayer Chapel at 8:30pm to share in devotion and have intercessory prayer time. This emerging ministry is OPEN to all men of the church who desire to seek and communicate with God through prayer. Men pray daily for the other men of the church. Prayers of joy, praises, concerns, sorrows and struggles of the men of this church are prayed over. Each team member has an assigned day in which they agree to pray for the men of our church and their requests. We welcome all men who wish to be a part of this ministry to join us. We covet your prayers for this exciting new ministry among us. Please contact Ricky Hall at 919-538-9959 or Si Weeks at 919-552-7458 with any questions. We look forward to seeing you Tuesday!



## Seeds of Faith Preschool's Spaghetti/Hot Dog Dinner

Join us for dinner on March 20 from 5:30 to 7:30pm. Proceeds benefit the classrooms, playground, and Covenant Community Garden's picnic shelter project. Please join us for a night of food, fun and fellowship!

Tickets are \$4 for a Hot Dog Dinner (includes chips, drink & dessert) and \$6 for Spaghetti Dinner (includes bread, salad, drink & dessert). Tickets are available through the Preschool office and in the lobby on Sundays, March 8 & 15.

New this year, win specialized gift baskets put together by our preschool classes and friends! One free ticket will be given for each meal purchased. Additional tickets will be available by donation.



## Helping those in need



### WOW!!!

## Coupons for Troops Thanks

The Quiet Care Ministry Team THANKS all of you who read our requests in the weekly bulletins. At least 80% of the coupons turned in for the past two weeks were CUT OUT and ready to be sorted as Food or Non-Food. Of that 80%, about 60% were already sorted! You have SAVED us so many hours of cutting and sore hands!! Keep those cut out coupons coming.

We know our service people and their families truly appreciate the coupons, especially during these difficult financial times. God bless all of you for helping with this ever growing ministry. To join our team, contact Amy Hendrickson at 552-5483 or Lyn Matthews at 567-7563.



## Household Heating Assistance

The Crisis Intervention Program for Energy Assistance provides financial help to households in a heating-related emergency. To qualify, households must meet an income test; be in a heating-related emergency; and, contain a US citizen or a non-citizen meeting eligibility criteria.

Contact the Wake County Dept. of Social Services at 212-7000 and make an appointment at the Southern Regional Center (across from the F-V Post Office).

It is very possible that households that have not qualified for assistance in the past may meet the criteria for assistance through this program.

## Food Pantry Foods of the Month

The F-V Emergency Food Pantry has requested that our church collect the following food donations: **March: Canned meats & canned or dry milk.** Other types of food items are appreciated as well. A collection container is in the church lobby.

## March Events for Prime Timers

The Prime Timers are inviting everyone to join us for a meeting at 10:00am at F-V UMC on March 17 to hear our own Debra Murphy with a video on "Gender, Power, Scandal, and Scripture: Women in the Bible." Then we will go to Cooley's for a "St. Patty's Day" lunch.

Also plan on coming with us Tuesday, March 31 for a Garden Tour and a talk on Herb & Container Gardens at the Fairview Greenhouse & Garden. A box lunch will be available for \$8 with a choice of sandwiches. The bus leaves church at 10:30am for the tour and catered lunch at the garden.

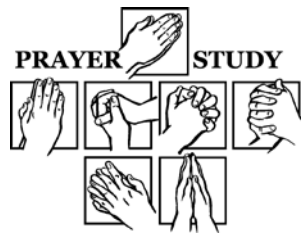
We need reservations for the Cooley's lunch and the Garden Tour and box lunch. Please contact Joan Kuhn at 557-3768 or the church office to reserve a spot for these fun and interesting events.



Future events include a trip to see "The Hallelujah Girls" performed by the Garner Towne Players on April 25; going to the NC Symphony for a Friday afternoon to hear an informal, interesting concert of Vivaldi's Four Seasons on May 8; and a meeting at F-V UMC on May 19 with an insightful talk on "Player and Faith" followed by lunch at Bullfeathers.

## Do You Want to Transform Your Life?

Come to a STUDY ON PRAYER here at FVUMC on Friday and Saturday, March 27 & 28. This is based on a 4-session study of a book by Steve Harper. He has written several books on Prayer. The study will engage you in Life-transforming practices for your prayer life. The cost is \$10 to cover book and meal expenses. Please register no later than Sunday, March 22.



Friday, join us from 6-8:45pm for supper and

Session 1: Living from the Heart.

Saturday, we'll gather from 9:00am-2:30pm. The day includes:

Sessions 2: Read and Pray Daily

Session 3: Get Connected

Lunch

Session 4: Go On!

Closing Communion service



## Come Grow With Us!

Covenant Community Garden is beginning its third growing season. Come grow with us - no experience is necessary! Garden membership is open to all people from the Fuquay-Varina community. Supporting memberships are also available for those who are not able to work in the garden but want to help us grow food to share with the community. Both types of membership are \$10. Work days will be Mondays from 9-11am, Wednesdays from 4:30-6pm (spring/fall) or 6:30-8pm (summer), and Saturdays from 9am-Noon. Visit our table in the lobby or contact Chris Burtner at 414-3273 or covenantcommunitygarden@mindspring.com.

## Recycling Opportunity

The Ecojustice Ministry Team thanks everyone who is using the new, blue recycling containers in the rooms on the adult wing of the church.

Place your discarded paper, plastic and aluminum cans in these bins, and the materials will be collected weekly by a member of the recycling team. No sorting required!

Detailed information is posted in each room about what materials can be recycled. To learn more about this ministry, send an email to EcoJusticeFVUMC@gmail.com.



## Bring Us Those Cell Phones!

Did you know that there are an estimated 26 million idle cell phones in the United States alone. You can donate your idle cell phones by placing them in the box outside the church office. By recycling your used cell phone you are taking a stand against environmental degradation by keeping the toxic chemicals in cell phones out of landfills. Any proceeds collected through this program will be used to support the office and missions.



# Fuquay-Varina UMC Weekly Times

March 1, 2009

## *Psalms for the Journey*

*Psalms for the Journey: A Lenten Book of Days* is now available. This book of Lenten devotions, written by members and friends of F-V UMC, has been produced in color and features images of beautiful paintings by gifted artists from around the country.

Due to the added expense of publishing in color, we have produced fewer hard copies than usual. Consider reading the book online or downloading a copy to your own printer. This will help us to be good stewards of our resources and ensure that there are enough hard copies for those who don't have the option of reading/downloading from a computer. The book is available in PDF format on the home page of the church website: [www.fvumc.org](http://www.fvumc.org).

## *2009 Lenten Studies Updates*

### *Lent Study for Youth*

Wednesday Night Bible Study for youth is on-going. If you are in the 7th-12th grade and would like to participate in a Lenten study, join us from 7:30-8:30pm in room 126.



### *Study on Prayer*

Join Keith Strandtman in an exploration of the great variety of prayer practices Christians have used through the centuries. For one hour on the Wednesdays of Lent—6:30 till 7:30 pm—participants will gather to pray together. There will be no readings or "homework"—just bring a willing heart and an eagerness to expand your understanding of prayer. This is a good way to deepen your prayer life. Contact Keith at [kstrand@flash.net](mailto:kstrand@flash.net) or 662-2217.

### *Three Simple Rules*

Correction: The children's edition of this class is offered for 3rd-5th Graders, not 3rd-4th Graders. For more information, contact Stephanie Weeks at [sweeks@fvumc.org](mailto:sweeks@fvumc.org).