

## Praise Team Jam Session - Aug. 12



Interested in offering your gift of music to the Lord? The 9:30 am worship Praise Team is looking for musicians with a talent to share and a heart for worship! The team is especially in need of guitarists, and is also open to anyone gifted in keyboards, percussion, vocals or other instruments that can contribute to a contemporary band setting.

The team will hold a Jam Session on Wednesday, August 12 at 7:00 pm in the Centrum. The Jam Session is an opportunity for any interested musicians to begin the audition process for joining the 9:30 Praise Team. Bring your instrument (or your voice!) and join us for an evening of praise music! Advanced “reservations” are not required. For information about the Jam Session or team membership, contact Jennifer Harrenstein, Director of Music Ministries, at [jharrenstein@fvumc.org](mailto:jharrenstein@fvumc.org) or 552-4331 ext. 105.

## Food of the Month for August

The F-V Emergency Food Pantry requests that our church collect Peanut Butter and Jelly. Other types of food items are appreciated as well. A collection container is in the church lobby.

## Faith Formers Lunch & Training Coming on August 16

If you will be one of our Children’s Church or Sunday school teachers for the 09-10 school year please plan to join us next Sunday immediately following the 10:50 service for a luncheon and brief training. Lunch will be provided first (upper elementary classrooms) and then all new Sunday School Teachers (Faith Formers) will be quickly receiving Safe Sanctuaries and Curriculum training. To serve in one of these areas, please contact Stephanie Weeks at 552-4331 Ext. 113 or [sweeks@fvumc.org](mailto:sweeks@fvumc.org).

## Senior Celebration Being Planned, But We Need Your Help!

Is there a table designer within you waiting to burst out? Here is your chance! We are planning our celebration for our church’s adults, 60 & up on September 12th. Please consider adopting a table to set and decorate for a party of 6. The most creative table will win a prize according to the votes received that evening! If decorating is not your forte but would like to help, consider being an attendant to help serve our wonderful friends! Contact Lynne Sorrels at 557-1568 opt 2, 552-0505, or [fvumcp@yaho.com](mailto:fvumcp@yaho.com).

## With Love From Jesus Outreach

WLFJ is a community outreach program that our church family is involved in. On the 2nd Friday of the month we go to Garner to help with the WLFJ evangelical ministry. We leave from the church at 8:30 am and stay for approximately 3 ½ to 4 hrs. During this time we help to give out food, clothing and love to people in need of Jesus’ Love. If you are interested please email or call Debbie Smith, 639-3364, [avchna51@embarqmail.com](mailto:avchna51@embarqmail.com) or Keith Strandman, 621-1509, [kstrand@flash.net](mailto:kstrand@flash.net).

## Youth Praise Team Auditions

Pulse, FVUMC’s Youth Praise Team, will hold its annual auditions on Sunday, August 30th at 3:00 pm. Pulse is open to all youth in 7th – 12th grades, and includes keyboard, guitars, drums and vocals. The team regularly leads praise and worship for Lifeline, FVUMC’s youth group, as well as occasionally providing music during the 9:30 am contemporary worship service.

Any youth interested in auditioning should stop by the church office to pick up an audition packet (available August 1st) containing important team information, schedules, and the audition song. For questions, contact Jennifer Harrenstein, Director of Music Ministries, at [jharrenstein@fvumc.org](mailto:jharrenstein@fvumc.org) or 552-4331 ext. 105.

## Women of Faith Event in November

Make plans now to be part of Women of Faith’s 2009 event, *A Grand New Day* coming November 6-7 in Greensboro. Our church has 25 Premium seats reserved for the event as well as rooms in a brand new Holiday Inn Express for Friday night.

This exciting 2-day event is a mix of laughter, music, and stories that will touch your heart. Bring your friends, family, co-workers, neighbors—any woman you know who needs a new perspective . . . a new enthusiasm . . . A Grand New Day. “The Lord’s love never ends; his mercies never stop. They are new every morning . . .” Lamentations 3:22-23 NCV

Join Steven Curtis Chapman, “American Idol” finalist Mandisa, Sandi Patty, Lisa Whelchel (from TV’s “The Facts of Life”), Sheila Walsh, Patsy Clairmont, Marilyn Meberg, Luci Swindoll, and more! Over the course of the two-day event you’ll hear fabulous music, watch stirring drama, listen to hilarious and heart-tugging stories, and join thousands of women in worship.

Look for the Reservation List in the church lobby starting today. Please visit the Women of Faith website to view the Conference Preview video. Contact Susanne Young ([susanneyoung@msn.com](mailto:susanneyoung@msn.com) or 552-7503) with questions.

## It’s the Last Day to Sign Up!

DISCIPLE is a program of disciplined Bible study aimed at developing strong Christian leaders. It focuses on the disciple as learner, believer, follower, proclaimer, and servant while providing the fellowship of a small group for study, prayer, preparation, support, and servanthood.



Today is the final day to register for DISCIPLE Bible Study for the 2009-2010. Classes start in September. Be sure to stop by the DISCIPLE table in the lobby and find just the right class for you!

## Youth Teachers Needed

Youth Sunday School teachers are needed for the upcoming year for 9:30am Sunday School on a weekly or bi-weekly basis. Please contact Kristy Hochhalter, Director of Youth Ministries, at [youth@fvumc.org](mailto:youth@fvumc.org) or call the church at 552-4331.

## Children’s Music Program Registration Starts Next Week

Kidz NPraise (the FVUMC children’s music program for ages 4 through 5th grade) registration begins NEXT SUNDAY, August 16th in the church lobby! Brochures are available in the lobby or the church office.

## August PrimeTimers Events

This is a group for those in the prime of life! We meet at least once a month and enjoy many activities, educational programs, and trips. It is a great time for fellowship, and August is going to be a sweet month!

We start on Wednesday, Aug. 12 with a trip to the NC Museum of Natural Sciences to attend a special exhibit all about the history of Chocolate. We’ll leave F-V UMC at 11:00 am, go to lunch at a cafeteria, tour the Chocolate exhibit, and then stop at the Chocolate Bean in Varina for a snack and coffee. Please bring \$5.00 (for over 65 years old) or \$7.00 (if under 65) for entrance to the special exhibit plus money for your lunch and the Varina stop.



We’ll hold our monthly meeting at 10:30 am on Tuesday, Aug. 18 to hear a talk from Terry Bass about Financial Investing and Dangers to Avoid. Bring a sack lunch as we’ll stay at church to eat. You might also bring a favorite dessert to share to top off our sweet month.

Please call Debbie Corr, 557-7437, or Ray and Kerry Vitkus, 919-740-3466, if you need a ride or have questions.

## Main Street Kitchen - August 15

Main Street Kitchen is a monthly ministry that reaches out into our community with the love of Christ represented in our compassionate presence, delicious FREE home delivered meals, and a monthly inspiring devotion.

Join us - the need in our community is great, and there are a variety of ways to serve: delivering meals, donating paper shopping bags, making phone calls, preparing the meals, cleaning up the kitchen, preparing desserts, and donating food items. No experience necessary!

The menu for August is ham and cheese casserole, vegetables, bread and dessert. Items needed are chunk ham/diced ham, pasta, cheese, large cans/bags of vegetables and fruit, milk, cake mix and frosting, eggs.

As always, if you are unable to bring the above items, you may always contribute to this awesome ministry by submitting a donation to the office and noting MSK on the memo line.

Thanks to all who are part of this ministry. Come spend a couple of hours once a month being blessed! Contact Paula Cade at 557-4347 with any questions.

## Christmas Cantata Choir & Retreat

It's only August, right? In the music world, that means time to start thinking about the Christmas Cantata! Think you might like to join this year's cantata choir? Stop by the choir room or the church office to pick up a Cantata Sampler CD—preview some of the music we'll be learning to see if this might be the area of ministry for you. The choir is open to adults and youth (6th grade and up). A rehearsal schedule is included with the preview CD. ALL ARE WELCOME to sing in the cantata choir, even if you don't regularly participate in music ministries—check it out today!



## School Supplies Collection Extended

The needs are great, so we have extended the time to bring donations of school supplies throughout the month of August. Supplies will be distributed by our friends at Southern Regional Center as well as to local English as a Second Language high school students. All school supplies are welcomed. A complete list of supplies requested is in the August Wellspring. Help us fill the lobby shelves with these necessities to ensure a successful start to a new school year for children and youth in our community.



## Help Wanted!

La Escuelita Program is looking for a preschool teacher for Tuesday AND Thursdays. Curriculum, calendars, and activities are planned through-out the year! These little ones are busy! This position requires an energetic, organized and compassionate person to become part of the team! The program begins September 1st and runs through May. Hours are 8:45 to 12:30. A stipend is paid depending on children's attendance. Spanish is not necessary! Please contact Terri Pavone at [tlpavone@nc.rr.com](mailto:tlpavone@nc.rr.com) or Lynne Sorrels at 557-1568, opt 2.

## Promotion Sunday Is Aug. 23 for Children and Youth

All children and youth will move to their next Sunday School age level class on Sunday, August 23. If you have any questions, please contact Stephanie Weeks, Children's Ministries Director, at [sweeks@fvumc.org](mailto:sweeks@fvumc.org) or Kristy Hochhalter, Director of Youth Ministries, at [youth@fvumc.org](mailto:youth@fvumc.org). Both can be reached by calling the church at 552-4331.



## Bereavement Support Group

Heartland Home Health & Hospice will offer a five-week support group, "Working Through a Season of Grief" (A Bereavement support group), beginning Thursdays from 6-7pm, August 13-September 10 at FVUMC. There is no cost to attend this group. For more information, please contact Dot Murray, Bereavement Coordinator, at 877-9959.

## August Book Club

*An Altar in the World* is about how faith can be both practical and sensuous. In author Barbara Brown Taylor's hands, the old division between heaven and earth is healed and both come alive. Under Taylor's expert guidance, we come to question conventional distinctions between the sacred and the secular, learning that no physical act is too earthbound or too humble to become a path to the divine. As we incorporate these practices into our daily lives, we begin to discover altars everywhere we go. Join us for dinner and discussion on Friday, August 21. Contact Judy Casper at [jacasper@earthlink.net](mailto:jacasper@earthlink.net) or Matilda Storm at [mstorm2@orion.naz.edu](mailto:mstorm2@orion.naz.edu).

Fuquay-Varina UMC

# Weekly Times

August 9, 2009

## KFC Planning Meeting TODAY

KFC will be having a 2009/2010 planning meeting today at 4:30pm. We will meet in the KFC room (202) and discuss what we want to do for next year. 4th and 5th grade parents and children are welcome. We have some ideas from the end of last year and some volunteers for some activities. Please attend if interested in helping. Contact Frank Lane @ 557-6177 / [frank.lane@pgnmail.com](mailto:frank.lane@pgnmail.com) for additional information.



## Ministry Opportunity Openings

Sunday, August 23rd is Promotion Sunday when our children move to their next Sunday school age level. We are in need of Sunday school teachers at both 9:30 and 10:50 on a rotating basis. Teachers alternate with another teacher every other week or by month depending on what fits your schedule. The curriculum is very user friendly and little preparation is required in advance. Our current Sunday school teachers will tell you that they enjoy spreading God's word and love with the children.



**Current openings:** 9:30 – 2 year olds, 4 year olds; 10:50: Two, Three, & Four year olds, Kindergarten, 2nd grade, 3rd grade, 4th/5th grade Please contact Stephanie Weeks at [sweeks@fvumc.org](mailto:sweeks@fvumc.org) or 552-4331 Ext. 113 at your earliest convenience if you would like to serve in one of these areas.

## Summer Concert Series Finale One Achord Concert

Next Sunday, August 16 at 5:00pm, FVUMC's own One Achord will present a program of a cappella men's music, and yes, they've got a few tricks up their sleeves! Admission is free, and childcare is provided. Don't miss an exciting concert of high-quality music from our men's quartet.