

Fall Adult Study Options

Stop by the “fall leaves” easel in our lobby area to sign up for one of our amazing fall study options! In addition to the DISCIPLE classes, will be offering:

“Journey of Spirit and Justice” – Wednesdays 7-8:30 p.m. beginning Sept. 9. Join facilitator Steve Taylor from the UM Conference staff in this 10 week study on the “Way of Jesus” which will creatively engage participants in biblical narrative. In the process, explore ways to be responsive and reactive in our world today.

“Weekly Lectionary Bible Study” – Wednesdays 7-8:30 p.m. beginning Sept. 9. Read scriptures listed in our weekly worship bulletin for the following Sunday and come mid-week to explore with Pastor Richard and Arthur Wall contemporary insights gleaned from the scriptures of the week using biblical commentaries and sermons written by others.

“Bible 101” - Sundays 4:30 – 6 p.m. beginning Sept. 13. Celebrate learning and using basic Bible skills while using the Bible as a transformative resource; learn locations of familiar passages; and explore major biblical themes during six fast paced sessions.

“Growing in Grace” – Sundays 6:30-8 p.m. beginning Sept. 13. Explore the “What, Why and How” of Christian disciples growing in grace using the Bible and a book by Henry Knight during 15 sessions. Half of the sessions will begin in September and the remaining half will begin on January 3.

“Disciple Bible Studies” – Wednesdays or Sundays. If you have not signed up for a Disciple Study (34 week study), please contact Susanne Young (susanneyoung@msn.com or 552-7503) today.

August PrimeTimers Events

This is a group for those in the prime of life! We meet at least once a month and enjoy many activities, educational programs, and trips. This Tuesday, Aug. 18, we’ll hold our monthly meeting at 10:30 am to hear a talk from Terry Bass about Financial Investing and Dangers to Avoid. Bring a sack lunch. You might also bring a favorite dessert to share to top off our sweet month.

Please call Debbie Corr, 557-7437, or Ray and Kerry Vitkus, 919-740-3466, if you need a ride or have questions.



Youth Teachers Needed

Youth Sunday School teachers are needed for the upcoming year for 9:30am Sunday School on a weekly or bi-weekly basis. Contact Kristy Hochhalter, Director of Youth Ministries, at youth@fvumc.org or call 552-4331.

Interested in Joining F-V UMC?

Come to CONNECTINGS on Sundays 4:30-6:00 p.m. from September 13 to October 18. Explore what it means to be part of the Body of Christ at Fuquay-Varina UMC. Six engaging sessions will enable you to learn about F-V UMC’s diverse ministry opportunities and journey with others who are new to our church family while learning/reviewing basic United Methodist beliefs and our structure as a church family. Persons choosing to join with our church family in ministry will be received on October 25 during morning worship at 9:30 and 10:50 a.m.

Handbell Ringers Wanted!

There are SEVERAL openings in the Alleluia Ringers, FVUMC’s Beginner Handbell Choir! This group is open to youth (6th grade and up) and adults, and NO previous experience, knowledge or skill is required. The Alleluia Ringers meet on Sunday afternoons, 3:45 – 4:45 pm, beginning Sept. 13. If you think you might enjoy ringing bells, this is the place to start, and we will teach you everything you need to know! Contact Jennifer Harrenstein, Director of Music Ministries, at jharrenstein@fvumc.org or 552-4331 ext. 105.



Senior Celebration Needs You!

Is there a table designer within you waiting to burst out? Here is your chance! We are planning our celebration for our church’s adults, 60 & up on September 12th. Please consider adopting a table to set and decorate for a party of 6. The most creative table will win a prize according to the votes received that evening! If decorating is not your forte but would like to help, consider being an attendant to help serve our wonderful friends! Contact Lynne Sorrels at 557-1568 opt 2, 552-0505, or fvumcpre@yahoo.com.

Youth Praise Team Auditions Aug. 30

Pulse, FVUMC’s Youth Praise Team, will hold its annual auditions on Sunday, August 30th at 3:00 pm. Pulse is open to all youth in 7th – 12th grades, and includes keyboard, guitars, drums and vocals. The team regularly leads praise and worship for Lifeline, FVUMC’s youth group, as well as occasionally providing music during the 9:30 am contemporary worship service.

Stop by the church office to pick up an audition packet containing important team information, schedules, and the audition song. For questions, contact Jennifer Harrenstein, Director of Music Ministries, at jharrenstein@fvumc.org or 552-4331 ext. 105.



Women of Faith Event in November

Make plans now to be part of Women of Faith’s 2009 event, A Grand New Day on November 6 and 7 in Greensboro. Our church has 25 Premium seats reserved for the event as well as rooms in a brand new Holiday Inn Express for Friday night. This exciting 2-day event is a mix of laughter, music, and stories that will touch your heart. Bring your friends, family, co-workers, neighbors—any woman you know who needs a new perspective...a new enthusiasm...A Grand New Day.

“The Lord’s love never ends; his mercies never stop. They are new every morning . . .” Lamentations 3:22-23 NCV

Join Steven Curtis Chapman, “American Idol” finalist Mandisa, Sandi Patty, Lisa Whelchel (from TV’s “The Facts of Life”), Sheila Walsh, Patsy Clairmont, Marilyn Meberg, Luci Swindoll, and more! Over the course of the two-day event you’ll hear fabulous music, watch stirring drama, listen to hilarious and heart-tugging stories, and join thousands of women in worship.

The conference format has been expanded to a full two days with sessions on Friday from 10am-3pm and 7-9:30pm. Saturday’s session is scheduled from 9am-4pm.

The cost of the conference ticket is \$100 and includes reserved premium seating (the lower concourse in the Greensboro Coliseum) and two box lunches. The hotel rooms have two queen-size beds, and the room rate is \$80.10. We expect to have 2-4 people in a room, depending on individual preferences.

Our church is participating in a new registration process that allows each person to register for a seat and pay for it directly to Women of Faith. As soon as we receive specific information about registration, we will publish it on the church web site as well as in the bulletin and newsletter. Look for the Reservation List in the church lobby.

Visit the Women of Faith website at: womenoffaith.com/events to view the preview video. Contact Susanne Young (susanneyoung@msn.com or 552-7503) with questions.

Food of the Month for August

The F-V Emergency Food Pantry requests that our church collect Peanut Butter and Jelly. Other types of food items are appreciated as well. A collection container is in the church lobby.

Kidz NPraise -

New Day & Time, Expanded Programs

Kidz NPraise is a children's music program for ages 4 through 5th graders—children learn about God's Word, prepare to sing in worship, present a Christmas Musical, and more! We meet Wednesdays at 4:00 pm, beginning Sept. 9. Register in the church lobby, office or at www.fvumc.org



For 4 & 5 year olds & Kindergarten: Choir (including singing, movement, instruments & more!) 4:00–4:45 pm; **Kidz NPlay Optional Session** (includes Bible activities, games & lots of fun!) 4:45–5:15 pm

For 1st & 2nd grades: Choir & Kidz NPlay, 4:00–5:15 pm; **Optional Handchime Choir or Kidz NMotion** (dance) 5:15–6 pm

For 3rd, 4th & 5th grades: Choir & Kidz NPlay, 4:00–5:15 pm; **Optional Handbell Choir or Kidz NMotion** (dance), 5:15–6pm

Check out the Kidz NPraise Brochure (available in the church lobby, office or website) or contact Jennifer Harrenstein, Director of Music Ministries at jharrenstein@fvumc.org, 552-4331 ext. 105.

Book Club meets on Friday

An Altar in the World by Barbara Brown Taylor is about how faith can be both practical and sensuous. Join us for dinner and discussion on Friday, Aug. 21. Contact Judy Casper at jacasper@earthlink.net or Matilda Storm at mstorm2@orion.naz.edu.

Christmas Cantata Choir & Retreat

It's only August, right? In the music world, that means it's time to start thinking about the Christmas Cantata! Think you might like to join this year's choir? Stop by the choir room or the church office to pick up a Cantata Sampler CD—preview some of the music we'll learn to see if this might be an area of ministry for you. The choir is open to adults and youth (6th grade and up). A rehearsal schedule is included with the music. ALL ARE WELCOME, even if you don't regularly participate in music ministries!

The Annual Christmas Cantata Choir Retreat will be Friday, Sept. 18 – Sunday, Sept. 20 at Fort Caswell, NC (the beach!) This fun-filled event is open to new and returning choir members. Join us for cantata rehearsals, fellowship and team building events, worship, beach



time and more! This weekend offers a great jumpstart on learning the music, plus a fun way to meet and fellowship with other choir members. Spouses (even non-singing ones!) are also welcome to attend! For more information or to sign-up, check out the bulletin board in the choir room (room 116).

The Spiritual Spinners – MS150

The F-V UMC Spiritual Spinners biking team is riding in the MS150 in New Bern Sept. 12-13 to help raise awareness and money for MS. So far we are 20 riders strong! The National Multiple Sclerosis Society uses funds collected from Bike MS to support research



for a cure and to provide programs and services addressing the needs of people living with MS.

There are many ways to support us! Become part of our biking team, be a volunteer host at our tent in New Bern, or make a donation. You can donate money via check (make checks to FVUMC and note Spiritual Spinners-Bike MS on the memo line) or donate online at http://bikenct.nationalmssociety.org/site/TR/Bike/NCTBikeEvents?pg=pfnd&fr_id=10800. Search for the team: FVUMC Spiritual Spinners. If you have any questions please contact Kara Prater – message13@nc.rr.com.

Next Sunday is Promotion Sunday for Children and Youth

All children and youth will move to their next Sunday School age level class on Sunday, August 23. Questions? Contact Stephanie Weeks, Children's Ministries Director, at sweeks@fvumc.org or Kristy Hochhalter, Director of Youth Ministries, at youth@fvumc.org. Both can be reached by calling the church at 552-4331.



School Supplies Collection Extended

The needs are great, so we have extended the time to bring donations of supplies throughout August. Supplies will be distributed by our friends at Southern Regional Center as well as to local English as a Second Language high school students. All school supplies are welcomed. A complete list of supplies requested is in the August Wellspring. Help us fill the lobby shelves with these necessities to ensure a successful start to a new school year for children and youth in our community.



Help Wanted!

La Escuelita is looking for a preschool teacher for Tuesdays AND Thursdays. Curriculum, calendars, and activities are planned throughout the year. This position requires an energetic, organized and compassionate person. La Escuelita begins Sept. 1 and runs through May, 8:45am to 12:30pm. A stipend is paid depending on children's attendance. Spanish is not necessary! Contact Terri Pavone at tlpavone@nc.rr.com or Lynne Sorrels at 557-1568, opt 2.

Fuquay-Varina UMC

Weekly Times

August 16, 2009

One Achord in Concert Today at 5:00pm

Today at 5:00pm, FVUMC's own One Achord will present a program of a cappella music, and yes, they've got a few tricks up their sleeves! Admission is free, and childcare is provided. Don't miss an exciting concert of high-quality music from our men's quartet.

Faith Formers Training TODAY

If you will be one of our Children's Church or Sunday school teachers for the 09-10 school year please plan to join us today immediately following the 10:50 service for a luncheon and brief training. Lunch will be provided first (upper elementary classrooms) and then all new Sunday School Teachers (Faith Formers) will be quickly receiving Safe Sanctuaries and Curriculum training. To serve in one of these areas join us today or contact Stephanie Weeks at 552-4331 Ext. 113 or sweeks@fvumc.org.

Ministry Opportunities Update

Next Sunday, August 23rd is Promotion Sunday when our children move to their next Sunday school age level. We are in need of Sunday school teachers at both 9:30 and 10:50 on a rotating basis. Teachers alternate with another teacher every other week or by month depending on what fits your schedule. The curriculum is very user friendly and little preparation is required in advance. Our current Sunday school teachers will tell you that they enjoy spreading God's word and love with the children.

Current openings: 9:30 – 2 year olds; 10:50: Two, Three, & Four year olds, Kindergarten, 3rd grade, 4th/5th grade

Please contact Stephanie Weeks at sweeks@fvumc.org or 552-4331 Ext. 113 at your earliest convenience if you would like to serve in one of these areas.

